



Study participants wanted!

Determination of hormonal response after acute stress - in
dependence on performance

We are looking for subjects with the following characteristics:

- Athletes and sports enthusiasts
- 18 to 40 years old
- Healthy
- Female subjects do not use hormonal contraceptives

We investigate hormonal responses to acute stress as a function of performance.

Sign up to get a comprehensive analysis of your **hormonal response** after acute stress.

You will also perform a **spiroergometry** to determine your aerobic endurance capacity. You will then receive a **detailed evaluation** of your spiroergometry. These results will give you an advantage in future training control and training planning.

Sign up for our study now and benefit from a better understanding of load, recovery and training management!

Time commitment:

3 appointments within 5 - 6 weeks

The appointments last 1 - 2 hours

In the laboratory of the Subunit of Training Science,

Institute of Sport Science and University Sport at

Schmelz 6.

1150 Vienna

For detailed information on how to participate, please contact:

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